

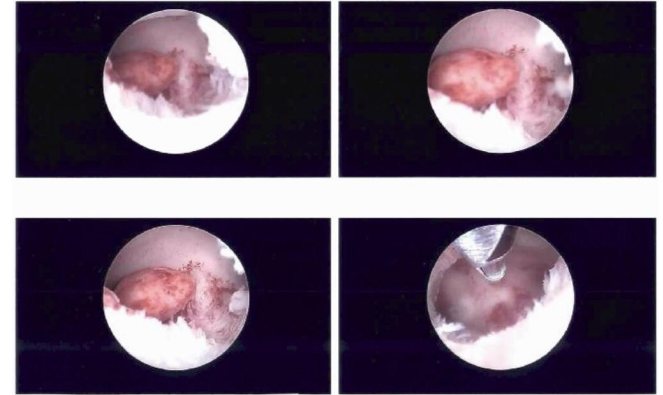
# Avoiding Total Hysterectomy With Less Invasive, Advanced Hysteroscopic Procedures - A Case Study.

**Background:** Patients with less exposure to educational opportunities may not be aware that irregular bleeding patterns can be treated with surgical interventions less invasive than a hysterectomy. With proper pelvic imaging techniques and counseling methods, doctors have the ability to guide patients towards less invasive surgical interventions, providing patients with symptomatic relief and significantly less recovery time.

**Methods:** Case report describing one patient's experience deciding between a total hysterectomy vs simple polypectomy.

**Results:** After counseling the patient preoperatively on various surgical interventions, patient ultimately decided to have a hysteroscopic polypectomy.

**Conclusions:** Effective preoperative counseling in the clinic can be extremely effective in relaying the benefits of less invasive surgical interventions.



**Figure 1:** Image of the endometrial polyp at time of hysteroscopic polypectomy.

